

Vegas Strong Resiliency Center Services and Support for our UNLV family:

- 1) Debriefings with departments - typically via Zoom - This is not therapy, but an opportunity to begin to discuss what folks experienced, their thoughts, feelings & any symptoms of trauma and most importantly to discuss coping skills and resources - usually 1-2 hours. This can be a first step to recovery. Reach out directly to Jackie Harris, Behavioral Health Program Coordinator @ the VSRC – J.Harris@dcsf.nv.gov

- 2) Support Groups –
 - A. Faculty & Staff – Weekly Thursdays 9 am. Virtual support group for Faculty & Staff facilitated by Alice Goldstein, M.A. – please sign up through Eventbrite @ [#UNLVstrong Support Group for Faculty & Staff Tickets, Thu, Dec 14, 2023 at 9:00 AM | Eventbrite](#)
 - B. Student Group & Family Group – Weekly Mondays 5-7 pm. In-person Support Group facilitated by Fuente de Vida – location 2500 Chandler Ave Suite 3 (Family Group in Spanish; Student Group in English). [#UNLVstrong In-Person Support Group for Students & Parents Tickets, Mon, Dec 18, 2023 at 5:00 PM | Eventbrite](#)
 - C. Student Group & Family Group – Weekly Saturdays 4-6 pm. Virtual support group for English (Bilingual available). [#UNLVstrong Online Support Group for Students & Parents Tickets, Multiple Dates | Eventbrite](#)

- 3) Victims of Crime Application - The State of Nevada administers a Victims of Crime Compensation Program which can provide assistance ranging from counseling to lost wages, or medical. [Victims of Crime \(nv.gov\)](#) Our staff will assist in completing applications and identifying potential benefits. We encourage all impacted persons to apply for any current or future needs. You may request assistance directly and/or or complete a virtual intake here: [General Intake Form - Vegas Strong Resiliency Center \(vegasstrongrc.org\)](#)

- 4) Advocates - Our trauma-informed staff can assist in completing Victims of Crime applications, connecting with and identifying available supports and services listed here and as they become available, and providing further information. Even if you believe you do not need services, we encourage speaking with our staff for information about connections or support and for any possible future needs. You may contact us directly or complete a virtual intake here: [General Intake Form - Vegas Strong Resiliency Center \(vegasstrongrc.org\)](#)

- 5) Integrative Services – Group sessions focused on activities such as Trauma Yoga, Mindfulness & Meditation, Grief & Loss, Art Therapy, etc. Available to all those impacted by UNLV. [Integrative Services - Vegas Strong Resiliency Center \(vegasstrongrc.org\)](#)

- 6) HEART Peer Support Program - Heart is a program of trained peer mentors that went through the shooting at the Route 91 Harvest Festival in 2017. They are here to provide support, guidance and be someone to talk to. The strength of the Heart Program is that

they understand, they are here and they are here for you. You can reach out to a Heart Peer Mentor here: [HEART Peer Support - Vegas Strong Resiliency Center \(vegasstrongrc.org\)](https://vegasstrongrc.org)

- 7) Behavioral Health Navigation – The VSRC has a navigator, Ronald Kenan, who can find and connect a survivor with a trauma-trained therapist in our community who will take their insurance or Victim of Crime Funding. This will assist in connecting with services in a timely manner, finding a therapist that works with trauma, and has experience in mass casualty events. Please fill out the general intake form and indicate a need for “Mental Health” - [General Intake Form - Vegas Strong Resiliency Center \(vegasstrongrc.org\)](https://vegasstrongrc.org)

All of these programs are free of charge. They are already up and running and many services have been in place since Route 91.

For a list of all activities please consult our calendar at: [Calendar of Events - Vegas Strong Resiliency Center \(vegasstrongrc.org\)](https://vegasstrongrc.org)

You can reach out to our center directly at 702-455-2433 (AIDE) or - [Vegas Strong Resiliency Center \(vegasstrongrc.org\)](https://vegasstrongrc.org)